



Health and Wellbeing Together

Wednesday, 22 January 2020

Dear All,

HEALTH AND WELLBEING TOGETHER - WEDNESDAY, 22 JANUARY, 2020

I am now able to enclose, for consideration at next Wednesday, 22 January, 2020 meeting of the Health and Wellbeing Together, the following reports that were unavailable when the agenda was printed.

Agenda No	Item
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|---|---|
| 7 | <u>Growing Well: Children and Families Together Board Contribution to Delivery of the Joint Health and Wellbeing Strategy (Pages 3 - 24)</u> |
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[To receive the updated Children, Young people and Families Plan, including the Co-production Charter and Youth Engagement Strategy.]

If you have any queries about this meeting, please contact the Democratic Services team:

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Report title	Growing Well: Children and Families Together Board Contribution to Delivery of the Joint Health and Wellbeing Strategy	
Cabinet member with lead responsibility	Councillor John Reynolds Children and Young People	
Wards affected	All wards	
Accountable director	Emma Bennett, Director of Children's Services	
Originating service	Children's Services	
Accountable employee	Madeleine Freewood	Development Manager
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Report to be considered by	Cabinet Member for Public Health and Wellbeing Chair's Briefing	

Recommendations for decision:

Health and Wellbeing Together is recommended to:

1. Agree to endorse the City Co-production Charter for children and young people
2. Agree to promote the Charter in their respective organisations
3. Agree to support a joint launch event on 27 January 2020 for the Co-production Charter and Youth Engagement Strategy #YES.

Recommendations for noting:

Health and Wellbeing Together is asked to note:

1. The refreshed Children, Young People and Families Plan (2015-2025)
2. The outcome and recommendations of the Youth Engagement Strategy #YES

1.0 Purpose

- 1.1 To provide Health and Wellbeing Together with an update on the activity taking place under the umbrella of the Children and Families Together Board to provide assurance to the Health and Wellbeing Together membership that the 'Growing Well' priority areas it has identified as of strategic importance to the City are being appropriately addressed.

2.0 Background

- 2.1 The Children and Families Together Board is where senior representatives of key City partner organisations meet to provide system leadership with the aim of driving improvements in the outcomes for children, young people and their families. It is responsible for the delivery of Wolverhampton's Children, Young People and Families Plan (2015-2025).
- 2.2 The Children and Families Together Board is a sub-board of Health and Wellbeing Together and reports into Health and Wellbeing Together on shared priorities and key performance indicators related to the Joint Health and Wellbeing Strategy 2018-2023, with a particular emphasis on the 'Growing Well' priority areas for the City.

3.0 Wolverhampton's Children, Young People and Families Plan (2015-25) mid-cycle refresh

- 3.1 The Children and Families Together Board (CFTB) undertook an annual performance review in May 2019 incorporating a review of the Children, Young People and Families Plan 2015-2025, which is approaching the halfway point in its life cycle.
- 3.2 This refreshed plan (Appendix 1) was approved by the CFTB in June 2019. It sets out the priorities for the board for the next five years and recognises the progress made in the last five years, since the plan was first launched.
- 3.3 The refreshed Children, Young People and Families Plan is thematically presented across three thematic strategic priority areas:
- Family strength and resilience: Improving support to families that need it so that they can access it at the right time to prevent problems escalating and enable them to move on from difficulty.
 - Education, learning and opportunity: Improving achievement and involvement in education, training and employment, ensuring young children get the best start in life and young people can realise their aspirations.
 - Health and wellbeing: Improving the health and wellbeing of children, young people and families, with a particular focus on addressing health inequalities.
- 3.4 The CFTB also recognises that specific groups of children in the City experience disadvantage and this negatively impacts on each of these domains. All board partners are therefore committed to a multi-agency and targeted approach to tackle the causes

and effects of disadvantage in all activity taken to address its overarching strategic priorities.

- 3.5 The refreshed Children, Young People and Families Plan is the vehicle through which the Children and Families Together Board actively contributes to the delivery of the Growing Well theme of the Health and Wellbeing Together Joint Health and Wellbeing Strategy.¹
- 3.6 CFTB meetings alternate a spotlight on the thematic strategic priority areas in the board plan and a quarterly performance dashboard monitors progress against agreed indicators, including those related to early years and children and young people's mental wellbeing and resilience, both of which have been identified as of strategic importance in the Health and Wellbeing Together in the delivery of the Joint Health and Wellbeing Strategy.

4.0 Co-production Charter and Wolverhampton Youth Engagement Strategy #YES

- 4.1 The refreshed Children, Young People and Families Plan has also provided an opportunity for the CFTB membership to recommit to working with children, young people, families and all stakeholders to co-design and co-produce solutions to create an environment in Wolverhampton where children, young people and families are resilient, happy and healthy.
- 4.2 The October meeting of the CFTB endorsed a Co-production Charter (Appendix 2), developed with co-production champions made up of young people and families, as well as representatives of organisations from across the CFTB membership. The charter recognises that the views of children and young people and their families, should be central to the way local authorities, health services and other public sector bodies plan, deliver and review their services and ensure support and provision is sufficient to meet children, young people and families' needs within available funding.
- 4.3 It recognises that effective co-production should lead to a better fit between a family's needs, creating services and support that work for the people they are designed for higher satisfaction, reduced costs in the longer term and better value for money.
- 4.4 The City's commitment to restorative practice also supports the delivery of the Co-production Charter and development of co-production practice, which at its heart is the principle of working with children, young people and families and doing "nothing about me without me".
- 4.5 There are two types of co-production:
- Individual – where young people and their families are part of discussions and decisions about their individual support and about local provision. That children young people and their families participate as fully as possible in decisions and are

¹ <http://wellbeingwolves.co.uk/pdf/Joint%20H&W%20Strategy%202018-23.pdf>

provided with the information and support necessary to enable participation in those decisions and to help them achieve the best possible outcomes.

- Strategic – this recognises that at a strategic level, partners should involve children young people and their families in commissioning decisions, to give useful insight into how to improve services and outcomes and develop effective ways of harnessing the views of the local communities so that commissioning decisions on services are shaped by user experience, ambitions and expectations.

- 4.6 An example of this approach in action was the youth engagement consultation that took place over the summer of 2019. Over 1,600 responses were collated with responses collected from parents/ carers of children growing up in Wolverhampton and young people from the City. This also included commissioned providers collating views of 258 young people on 31 occasions at 27 different locations. Creative feedback was encouraged, and a local artist and the music school worked with groups of young people with to interpret and present the feedback in meaningful and engaging way.
- 4.7 Following the consultation children and young people have worked in conjunction with council officers and other stakeholders to use the findings to inform the development of the CFTB Youth Engagement Strategy #YES. This is summarised on a 'plan on a page' (Appendix 3).
- 4.8 The Youth Engagement Strategy also identifies a series of recommendations to be considered by the City of Wolverhampton Council at the meeting of Cabinet on 22 January 2020:
- a. build on and embed the good practice developed in the Co-production Charter by bringing together coproduction activity under one umbrella and create a coproduction hub for children and young people with a dedicated team
 - b. work in partnership with local providers to continue offering coordinated holiday provision with the branding WV Holiday Squad and to have a dedicated website
 - c. have detached/outreach youth work operating throughout the year
- 4.9 The youth engagement consultation also highlighted the views, experiences and concerns of young people in relation to mental and emotional health and resilience. On-going work is taking place to develop a new emotional wellbeing service for children and young people, with strategic oversight provided by the CFTB.
- 4.10 On 27 January 2020 a joint launch event of the Co-production Charter and CFTB Youth Engagement Strategy #YES will take place. Representatives from the Health and Wellbeing Together membership organisations are invited to attend.

5.0 Financial implications

- 5.1 Any costs associated with the updated Children, Young People and Families Plan 2015-2025 and the outcome measures and key priority areas for the next 12 months will be contained within the overall approved budget for Children's Services of £51.5 million.
- 5.2 Any costs associated with the Co-Production Charter will either be funded from within the approved budget for 2019-2020 for Corporate Parenting of £156,000 within the Children and Young People in Care Service or the Special Educational Needs and Disability (SEND) Management and Commissioning Budget of £220,000 which is held within the Special Educational Needs Service.
[NM/14012020/M]

6.0 Legal implications

- 6.1 There are no direct legal implications arising from this report.
[TS/14012020/R]

6.0 Equalities implications

- 6.1 A consideration of equalities is embedded within the refreshed Children, Young People and Families Plan 2015-2025, a key element of which is reducing inequalities and widening inclusion.
- 6.2 The aim of co-production is to mitigate against inequalities in service delivery.

7.0 Climate change and environmental implications

- 7.1 There are no direct climate change and environmental implications arising from this report.

8.0 Human resources implications

- 8.1 There are no direct human resources implications arising from this report.

9.0 Corporate Landlord implications

- 9.1 There are no direct Corporate Landlord implications arising from this report.

10.0 Health and wellbeing implications

- 10.1 Health and wellbeing of children, young people and their families is an integral part of the Children, Young People and Families Plan 2015-2025, which includes a specific health and wellbeing theme.
- 10.2 Findings from the 2019 youth engagement consultation include reference to health and wellbeing and will be used to inform the implementation of the Youth Engagement Strategy #YES.

10.0 Schedule of background papers

10.1 There are no background papers.

11.0 Appendices

11.1 Appendix 1: Refreshed Children, Young People and Families Plan

11.2 Appendix 2: Co-production Charter for Children and Young People

11.3 Appendix 3: #YES Plan on a Page

Resilient, Healthy, Happy Families

The Children, Young People & Families Plan for Wolverhampton 2015-2025

Page 9 *Midcycle refresh for 2020*



About the Plan

The Children & Families Together Board is where senior representatives of key city partner organisations meet to provide system leadership with the aim of driving improvements in the outcomes for children, young people and their families.

This plan sets out the priorities for the board for the next five years and recognises the progress made in the last five years, since the plan was first launched.

This refresh signifies a continued commitment by all board partners to work together to:

- Provide strong local leadership.
- Ensure that the voice of children and young people is heard in all aspects of planning and delivery of services which impact upon their lives.
- Champion the needs of children and families in their own sectors and in other forums where the needs of children can be overlooked.
- Encourage integrated working through promoting an ethos of integration and partnership in the planning, commissioning and delivery of services.
- Collaborate with other city partnerships, boards and stakeholder groups to identify shared priorities, promoting coordination and avoiding duplication.

This includes reporting into Health and Wellbeing Together on shared priorities and key performance indicators related to the Joint Health & Wellbeing Strategy 2018-2023.

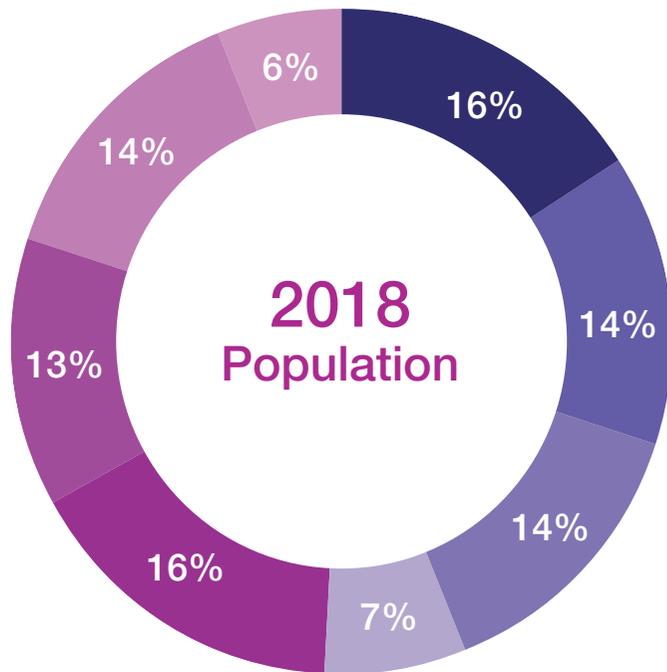
The board is committed to working with children, young people, families and all stakeholders to co-design and co-produce solutions to create an environment in our city where children, young people and families are resilient, happy and healthy.



About children, young people and families in Wolverhampton

Wolverhampton has a population of 262,008 (2018), of this 25.6% of the population (67,003) are children and young people aged 0-19. Since this plan was first launched in 2015 the number of children aged 0-19 in Wolverhampton has risen by 2,427. Over the next five years the number of children and young people living in the city is likely to continue to rise.

This chart shows the proportion of these 0-19 year olds by gender and age.



Male and Females 0-19

Male 0-5	11,052	16%
Male 6-10	9,297	14%
Male 11-16	9,346	14%
Male 17-19	4,569	7%
Female 0-5	10,687	16%
Female 6-10	8,816	13%
Female 11-16	9,104	14%
Female 17-19	4,132	6%



In 2018 1256 pupils (2.7%) attending Wolverhampton schools had either a Statement or Education Health & Care Plan. The national average is 2.9% for England.

The 2011 census provides information about the ethnic make-up of the population of children and young people aged 0-19 living in the city. Most are of White ethnicity (59%), with the next highest proportion being those of Asian/ Asian British ethnicity (20%), followed by Mixed heritage (11%) and Black/ African/ Caribbean/ Black British heritage (8%). 2% of 0-19 year olds in Wolverhampton are of 'other' ethnicity. Over recent years the city has seen an increase in arrivals from Roma communities from the Czech Republic, Slovakia and Romania.

According to the 2018 annual population survey there are 31,400 households in the city that have dependent children (aged up to 18), of this 12,300 (39%) are lone parent households, compared to a national average of 22%. 58% of households containing dependent children in Wolverhampton are 'couple households', compared to 75% in England.

In 2016 25.9% of children in the city were classed as living in child poverty, this compares to 17% for England.



How we developed this plan

This ten-year plan was originally developed in partnership through a range of organisations working together to share information and then seeking the views of children, young people, parents and carers to develop the priorities and outcomes.

Five years into the plan, partners have come together to identify areas of success and suggest partnership priorities for the next five years, as well as refresh outcomes to take account of changes since 2015.

What has been achieved so far?

Since 2015 when this plan was first launched:

- The percentage of pupils who live in the highest areas of deprivation that attend a good or outstanding school has increased from 72% in 2015 to 83% currently.
- Attainment for children on Free School Meals has increased at EYFS, Key Stage 2 and Key Stage 4 with similar patterns seen for the most disadvantaged children.
- There has been a decrease in the percentage of women who smoke during pregnancy, although Wolverhampton rates are still higher than West Midlands averages.
- There has been a decrease in the rate of infant deaths under 1 year, although Wolverhampton rates are still higher than West Midlands averages.
- Wolverhampton has achieved its highest rate of performance for new birth review and 1 year old reviews (9-12 and 12-15 months).
- The number of children who access Terrific for Two's has increased by over 800 % since the start of 2015.



- Wolverhampton is now the best performing area for NEETs and Not Knowns. Currently this is at 4.6% which is better than regional and national comparators. 94.2% of 16 and 17 year olds in the city are in learning.
- The number of children and young people in care has fallen from 778 on 31st March 2015 to 614 on 31st March 2019.
- Over 3000 families have been identified as part of the Troubled Families Scheme with over 1000 who have been 'turned around' as a result of this programme.



What areas of challenge remain?

- Too many families in Wolverhampton require both emergency and temporary accommodation.
- Obesity levels continue to increase with increases in percentage of children in reception and year 6 who are obese increasing since 2015.
- Too many children and young people are excluded from school (in 2016-2017 Wolverhampton had the 13th highest rate of permanent exclusions in the country.) Accompanying this, the number of children being educated at home in Wolverhampton has nearly trebled over the last five years.
- Domestic violence, parental mental health issues and parental substance misuse continue to be an increasing reason behind the need for social care intervention. Over 55% of Wolverhampton's children and young people in care have at least one of these factors.

Strategic priority areas

This plan wants to achieve an improvement in how resilient, healthy and happy children, young people and families are living in Wolverhampton. The board believes that this can be delivered by working together to drive improvements across three overarching strategic priority areas.



Disadvantaged children, including those living in poverty

The board also recognises that specific groups of children in the city experience disadvantage and this negatively impacts on each of these domains. All board partners are therefore committed to a multi-agency approach to tackle the causes and effects of disadvantage in all activity taken to address its overarching strategic priorities.

Measuring progress and impact

Partners recognise that to effect a positive change in each of these strategic priority areas requires a co-ordinated, whole system, approach based on a shared understanding of local needs and consensus about what partners are seeking to achieve.

The board has therefore identified a set of expected outcomes for each strategic priority area, providing a framework against which the board can measure its progress and impact:

Family strength and resilience

Improving support to families that need it so that they can access it at the right time to prevent problems escalating and enable them to move on from difficulty.

The outcomes expected are:

- Families experience less domestic violence
- Fewer parents, children and young people engage in substance misuse
- Parents have better parenting skills and are more resilient
- Fewer children and young people are subject to neglect
- Fewer families are living in B&B accommodation and there is a reduction in number of days families spend in B&B accommodation



Education, learning and opportunity

Improve achievement and involvement in education, training and employment, ensuring young children get the best start in life and young people can realise their aspirations.

The outcomes expected are:

- Children get the best start in life and are well prepared when they start school
- Increased educational progress and attainment for disadvantaged children
- More disadvantaged 16-18 year olds are in education, employment and training
- More disadvantaged young people access high-quality inclusive apprenticeship opportunities and an increase in the overall number of apprenticeship starts (0-19)
- Reduction in the number of school exclusions in the city and an enhanced quality of SEND provision

Health & wellbeing

Improve the health and wellbeing of children, young people and families, with a particular focus on addressing health inequalities.

The outcomes expected are:

- Increase in proportion of children maintaining a healthy weight underpinned by partnership buy-in to a whole system approach to preventing obesity
- Reduce the rate of infant mortality
- Improved health outcomes as evidenced by an increase in uptake of breast feeding, increased vaccination rates for flu, MMR, HPV and chlamydia testing
- More children receiving two ½ year developmental checks
- Improved oral hygiene resulting in less children experiencing decay, missing and filled teeth
- Improved pathways for children, young people and families to access mental health support and increase appropriate uptake of services at earliest point

Board meetings are structured so that every 3 months one of the strategic priority areas is looked at in detail and progress against expected outcomes can be monitored. In addition, the board will undertake a whole plan review annually to identify areas where progress has been made and where there continues to be challenges. This will set the direction for the board for the year ahead.

This approach means that while the board's overarching strategic priorities remain the same throughout the life of the plan, annual priorities and multi-agency focus and activity can flex to ensure the greatest impact on positively achieving expected outcomes.



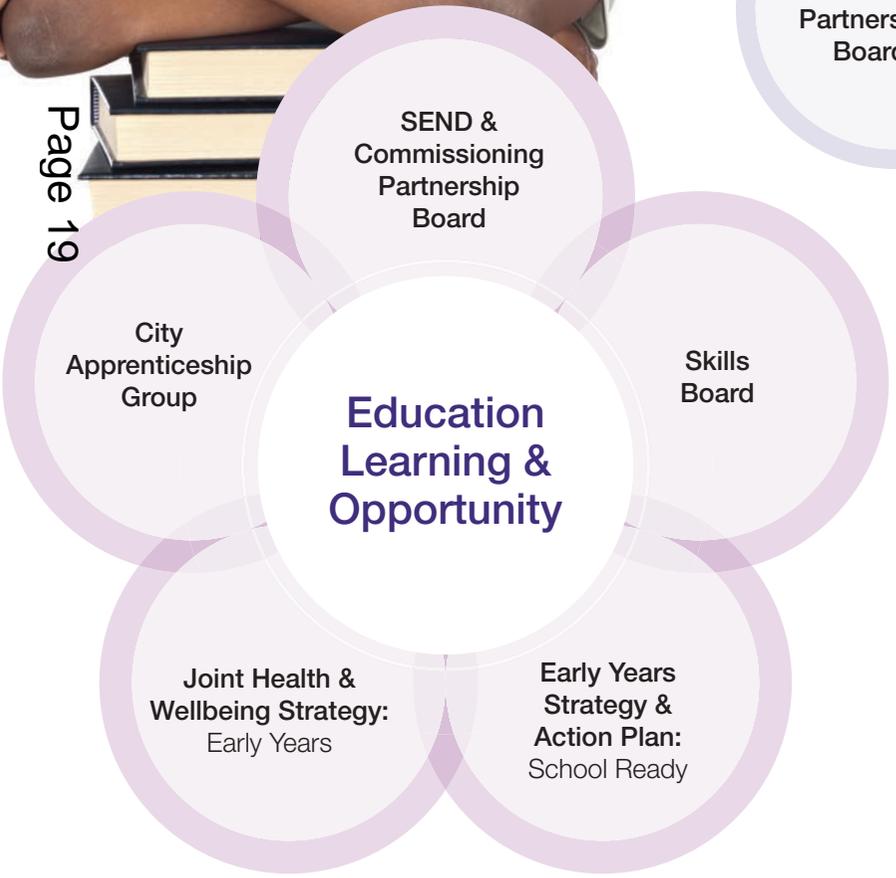
System leadership

The board recognises that it can't achieve its expected outcomes by working in silo and is therefore actively committed to a system leadership approach working collaboratively and with other city boards and strategic forums; and taking account of other partnership strategies. It does not seek to duplicate activity or reporting mechanisms, but seeks to promote information flow and collaboration, recognising that different boards, forums and partnerships will have a lead responsibility for shared strategic priorities.





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The City of Wolverhampton

Children and Families Together Co-Production Charter

This Charter is a set of principles and promises to children, young people and their families to ensure real life experiences remain at the heart of all decision making.

It is underpinned by the belief that children, young people and their families are best placed to influence and shape the services and support that is available to them. This can be in discussions and decisions about their own individual support, or in partnership with other stakeholders to design services and resources available for others within the community.

As members of Wolverhampton's Children and Families Together Board

We Promise:

- That children's, young people's and families' involvement will be welcomed, valued and meaningful.
- To provide a way for all children, young people and families in Wolverhampton to be involved in making decisions and shaping the services and support available to them.
- We will provide support to children, young people and families to ensure they are equipped with the skills and knowledge required to enable them to fully participate.
- To communicate effectively, in good time and in a format that is appropriate.
- We will think creatively and not be afraid to try new things.
- To have open and honest conversations and trust from the beginning.
- We will develop ways that demonstrate the value and impact children, young people and families are having.
- To embed these values and principles in everything we do.
- To seek regular feedback from children and young people and families to confirm that all of this happens.

Our shared expertise will innovate and improve the quality of life for all.

We commit to delivering this promise using the following principles:

Equal partnership

We recognise that everyone has their own skills and knowledge to offer
Together we will plan and agree who should be involved to achieve the end goal
Everyone will have the opportunity to participate whatever their needs or abilities
Our time is valuable, we will be mindful about each other's commitments
We will be honest with no conversations behind closed doors
We are all in this together!

Shared understanding

There will be a common understanding of what is to be achieved and trust from the beginning
We'll develop an understanding about partnership working and what good looks like
We will demonstrate the value and impact we're making
When things haven't worked we'll identify why and make things better next time
We will celebrate our success!

Open-minded

Our combined expertise can achieve the best possible outcomes
Finding the right solution may take longer but everyone agrees that that's OK
We will think creatively and not be afraid to try new things
We all have high expectations and can learn a lot from each other!
We will be clear about our limitations

Communication

We will engage in different ways, meetings are not always the best way to involve everyone
Information will be received in good time and in a format that's accessible for everyone
There will be time to prepare, ask questions and make the best possible contribution
Everyone will be kept informed and updated
We will be transparent, no one likes shocks or surprises

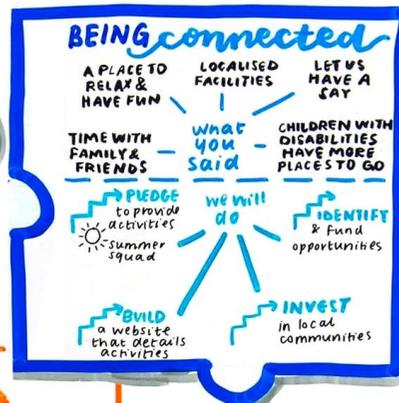
Trust

Our contributions are valued and meaningful
Everyone remains committed
We decide on priorities together
We may not always agree but together we will find the best solution
We will allow different people to take the lead and put their skills and life experiences to work

#YES

YOUTH ENGAGEMENT STRATEGY.

Growing up IN Wolverhampton CONSULTATION



#YES requires everyone to work TOGETHER. A partnership approach.

HAPPY HEALTHY children & young people

IMPORTANCE of young people's **VOICE** in shaping services, VALUING their contribution in making the **CITY** a **GREAT** place to bring up families.

Creating **OPPORTUNITIES** for children & young people to be **their BEST**, by agreeing mechanisms to support **improved** working practices & **OUTLINING** the **KEY** outcomes.

VISION

A **FRAMEWORK** to guide **ORGANISATIONS** to ensure it makes the **MOST** of **RESOURCES** & opportunities to **Benefit LOCAL** young people.

To **IMPROVE** the well-being of **ALL** children & young people living in the city of **WOLVERHAMPTON**.

2020-2023

#YES



The City of Wolverhampton wants to **ENSURE** that every child & young person has the **SELF-ESTEEM**, **RESILIENCE** & **Social Skills** they need to **SUCCEED** in life.



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